FM RIDE SOURCE March 2022

FIDE SOURCE

A full directory of specialized transportation services in the Fargo-Moorhead metro area

fmridesource.com 701-476-5967

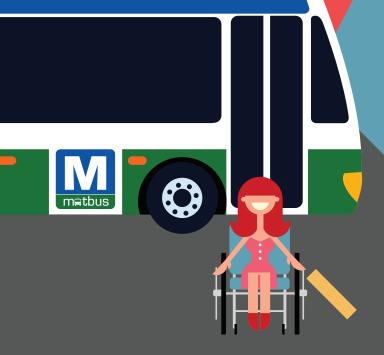


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Development of the FM Ride Source

The FM Ride Source Directory provides the metropolitan area of Fargo and West Fargo, North Dakota and Moorhead and Dilworth, Minnesota with a list of transportation services primarily for people with disabilities and people over age 60. All of the transportation services, including private transportation providers and government- supported transit, are available to the public. This information is also available at www. fmridesource.com.

The FM metropolitan area is a regional medical center and a hub of human and social services. The population needing access to these services is growing, and transportation is an important part of living

independently. This directory is designed to make it easier to find all of the specialized transportation options in one place.

The FM Ride Source was first printed in 2010 in place of the Directory of Transportation Services, published annually by Fargo-Moorhead Metropolitan Council of Governments (MetroCOG) since 1978. This is a joint mobility management project of Fargo-Moorhead Metro Area Transit (MATBUS) and MetroCOG. MATBUS is jointly operated by the Cities of Fargo and Moorhead.

The information in this directory may change between printings. It is best to contact the transportation provider for the most upto-date information regarding their service.

While the Cities of Fargo and Moorhead strive to make the information in this directory as timely and accurate as possible, the Cities of Fargo and Moorhead make no claims, promises, or guarantees about the accuracy, completeness, or adequacy of the contents of this document, and expressly disclaim liability for errors and omissions in the contents of this document. No warranty will be given of any kind, implied, expressed, or statutory, including but not limited to the warranties of non-infringement of third party rights, title, merchantability, or fitness for a particular purpose.

Reference in this directory to any specific commercial product, process, or service, or the use of any trade, firm, or corporation name is for the information and convenience of the public, and does not constitute endorsement, recommendation, or favoring by the Cities of Fargo or Moorhead.

2-1-1

We are pleased to partner with FirstLink to include 2-1-1 as a resource for people seeking a list of transportation options - as well as information on other community services - 24 hours a day, 7 days a week.

All you have to do is press 2-1-1 on your telephone, and you will discover contact information for specialized transportation and health and human service providers in the area. 2-1-1 callers in North Dakota and Clay County, Minnesota will be connected to FirstLink HotLine, which provides confidential listening and support, in addition to information and referral. Explore the FirstLink database by clicking the Community Resources button at www.myfirstlink.org.

Only contact information is provided when calling 2-1-1. You will be responsible for calling the transportation provider if you want to arrange a ride to your destination.

2-1-1 also offers active military member support, veteran support and military family member support. In addition, call specialists are trained in crisis intervention. If you or someone you know is suicidal, please call the National Suicide Prevention Lifeline at 1-800-273-8255 (TALK).



Community Resources for Information, Outreach, and Advocacy

Freedom Resource Center for Independent Living:

People with disabilities in the FM area and throughout the surrounding ND/MN region, call 701-478-0459. Ask about home ramp building programs and other resources in the metro area.

Lakes and Prairies Community Action Partnership:

Moorhead and Dilworth senior citizens, call 218-512-1500

Valley Senior Services:

Fargo and West Fargo senior citizens, call 701-293-1440.

NDAD (North Dakota Association for the Disabled):

Available for Fargo, West Fargo, and Moorhead individuals of all ages. They also offer financial assistance for individuals with physical disabilities needing accessible transportation. Call 701-281-8215 for a financial assistance application.

HERO Healthcare Equipment Recycling Organization:

Collect and redistribute donated healthcare supplies to help those in need. Call 701-212-1921 Monday - Friday 8:30 AM - 5:30 PM.

Lift or Ramp Equipped

1 Priority Transportation

Contact	
Email	1prioritytransportation@gmail.com
Service Hours	Mon-Fri, 6:00am - 6:00pm
	Weekends - by appointment

Purpose: Non-emergency wheelchair and stretcher transportation service.

Type of Service: Individual service directly from origin to destination.

Required Notice: Advance scheduling is preferred to guarantee times and availability of drivers, but is not required. **Eligibility Requirements:** No paperwork if private pay. If medical assistance, prior authorization is needed.

Cost of a Ride (During Service Hours):

Metro Area Wheelchair User Trip	
One Way	\$40.00
Round Trip	\$60.00
Metro Area Stretcher Trip	
One Way	\$90.00
Round Trip	\$180.00
Out-of-Town Wheelchair	\$40.00 + \$2.50/mile
Out-of-Town Stretcher	\$80.00 + \$2.50/mile
ND Medicaid	Yes
MN Medicaid	Yes
Cost for PCA	None

Vehicle Type: Vans with ramps and stretcher vans Lifts/Ramps: Yes

Driver Assistance Provided: Assistance to/from the rider's location within the building and assistance with packages. Driver does not assist with stairs.

Other: Deliver empty wheelchair, scooter, or oxygen tank. Call for info.

4

Anywhere Transport

Contact	701-232-3322
Hours Available	Mon-Fri, 8:00am - 5:00pm
Earlier morning, evening, and w	eekend hours by appointment.

Purpose: Non-emergency power stretcher and wheelchair mobility.

Type of Service: Provide 95% out of town transports away from Fargo, unlimited miles.

Required Notice: May do local rides for medical appointments with prior scheduling.

Cost of a Ride

Wheelchair/Stretcher/BariatricsVarie	es
--------------------------------------	----

ND Medicaid	Yes
MN Medicaid	No
MN BCBS & Affiliates	
Cost for PCA	None

Vehicle Type: Mobility vehicles with ramp and power lift Lifts/Ramps: Yes

Provides rides for non-emergency:

- Appointments
- Social Gatherings
- Shopping
- Casino and other outings

Lift or Ramp Equipped

CAPLP

Contact	
Email	info@caplp.org
Service Hours	. Mon-Thurs, 8:00am - 4:30pm
	Fri, By Appointment

Purpose: Non-emergency transportation for older adults living in rural Clay County only.

Type of Service: Door-to-door transportation to the FM area and back home.

Required Notice: Advance scheduling is preferred to guarantee time and day, but can be flexible.

Eligibility Requirements: Short intake, but no proofs required. Targeting 60+ persons.

Cost of a Ride

Income Based	
Round Trip	Ranging from \$5.00 to \$20.00

ND Medicaid	N	10
MN Medicaid	N	10

Vehicle Type: 12 Passenger shuttle bus

Lifts/Ramps: Yes

Driver Assistance Provided: Assistance on and off bus only.



CareAVan

Contact	701-235-6699 or 800-500-6699
Email	careavan2626@gmail.com
Service Hours	.24 Hours a Day, 7 Days a Week

Purpose: Non-emergency wheelchair and stretcher transportation service.

Type of Service: Individual service directly from origin to destination.

Required Notice: Advance scheduling is preferred to guarantee times and availability of drivers, but is not required. **Eligibility Requirements:** None

Cost of a Ride

Metro Area Wheelchair User Trip	
One Way	\$30.00
Round Trip	\$60.00
Metro Area Stretcher Trip	
One Way	\$80.00
Round Trip	
Out-of-Town Wheelchair Trip	\$30.00 + \$2.50/mile
Out-of-Town Stretcher Trip	\$80.00 + \$2.50/mile
ND Medicaid	No
MN Medicaid	No
Cost for PCA	None

Vehicle Type: Combo mini vans with ramps for wheelchairs and/or stretchers and stretcher-only vans.

Lifts/Ramps: Yes

Driver Assistance Provided: Assistance to/from the rider's location within the building and assistance with packages.

Other: Deliver empty wheelchair, scooter or oxygen tank to passenger. Please call for more information.

FM Mobility Care

Purpose: To provide transportation service to those who have disabilities.

Type of Service: Non-Emergency Medical Transportation (NEMT) and Specialized Transportation Service (STS).

Required Notice: Prefer to book ride 24 hrs prior to appointment. Cancel 45 min prior to pick-up time or a \$30 fee will be charged. **Eligibility Requirements:** None

Cost of a Ride:

Daytime Hours	5:00am - 9:00pm
Wheelchair	\$30 one way
Stretcher	\$95 one way

Out-of-Town Daytime Hou	rs: 5:00am - 9:00pm
Wheelchair	. \$35 pickup fee plus \$2.60/mile
Stretcher	. \$95 pickup fee plus \$2.60/mile

ND Medicaid	Yes
MN Medicaid	No
Cost of PCA or Guest	None

On-Call Hours Schedule / Out-of-Town After Hours:

Mon-Thurs	9:00pm - 5:00am
Fri & Sat	7:00pm - 5:00am
Wheelchair	\$95 pickup fee plus 2.60/mile one way
Stretcher\$1	60 pickup fee plus \$2.60/mile one way

Out-of-Town After Hours Rates:

Wheelchair	\$95	pickup	fee	plus	\$2.60/mil	е
Stretcher	\$160	pickup	fee	plus	\$2.60/mil	е

Vehicle Type: Vans for wheelchairs, stretchers and ambulatory with assisted devices (walkers, canes etc.).

Lifts/Ramps: Yes

Driver Assistance Provided: Assistance to/from the riders location within the building and assistance with packages.

Handi-Wheels Transportation

Contact	.701-232-3231 Mon-Fri, 9:00am - 5:00pm
Email	info@handi-wheels.org
Website	www.Handi-Wheels.org
Service Hours	Mon-Fri, 6:00am - 6:00pm

Purpose: Non-emergency wheelchair transportation service and ND Medicaid transportation for anyone with mobility issues.

Service Area: Fargo and West Fargo, ND, only.

Type of Service: Shared ride service.

Required Notice: Reservations are required by noon the day before the ride. Rides scheduled for Monday must be called in by noon Friday.

Eligibility Requirements: Regular ride or medical ride. Passenger must have a physical, cognitive, or emotional disability.

Medicaid Ride to Access Medical Care: Rider must be Medicaid eligible or pay out of pocket day of ride (exact change required). Rides are provided free of charge to the passenger and Medicaid is billed on their behalf. If there is client recipient liability, the passenger will be billed \$20.00 per trip.

Cost of a Ride:

Regular One Way	\$20.00
Regular Round Trip	\$40.00

Pay out of pocket day of ride (Exact change required)	l.
One Way	\$20.00
Round Trip	\$40.00

ND Medicaid	Yes
** Cost of PCA	None
Recipient Liability Max	\$20.00

** Only one personal care attendant allowed per passenger **Vehicle Type:** Vans with wheelchair lifts. Weight limit for lift is 600 lbs.

Lifts/Ramps: Yes

Driver Assistance Provided: Assistance to/from the rider's location and assistance with packages.

Lakes Medi-Van Inc.

Contact	
Fax	
	24 Hours a Day, 7 Days a Week
Email	dlmedivan@medivan.com
Service Hours	24 Hours a Day, 7 Days a Week

Purpose: To service people with disabilities.

Type of Service: Non-emergency medical transportation. **Required Notice:** 24 hours notice.

Eligibility Requirements: No paperwork if private pay. If medical assistance, prior authorization is needed.

Cost of a Ride

Fargo-Moorhead and Rural MN Wheelchair	
One Way & Holidays	\$25.00 +\$3.10/mile
Round Trip	\$25.00 + \$2.10/mile

7-County Twin Cities Metro Area Wheelchair	
One Way	\$35.00 + \$3.10/mile
Round Trip	\$35.00 + \$2.20/mile
After-Hours Trip	\$45.00 + \$3.10/mile (each way)

ND Medicaid	No
MN Medicaid	Yes
Cost for PCA	None

Vehicle Type: Minivans with lifts and ramps Lifts/Ramps: Yes Driver Assistance Provided: Door-thru-door assistance

Are you over 60 and can you enter a vehicle under your own power? Check out Metro Senior Ride on page 17!

MATBUS Fixed Route

Contact	
Email	transit@matbus.com
Website	www.matbus.com
Service Hours	Mon-Fri, 6:15am - 11:15pm
	Sat, 7:15am -11:15pm

Purpose: Buses travel on predetermined or fixed routes on regular schedules in Fargo, West Fargo, Moorhead, and Dilworth.

Type of Service: Public transit system.

Required Notice: Printed and online bus schedules identify where buses will travel on specific routes.

Eligibility Requirements: Discount fare available for people with disabilities, people age 60 and older, and Medicare card holders. Show the driver a Medicare card (red, white and blue card) or a MATBUS Rider ID card.

Applications for discount fare are available online at matbus.com and at: MATBUS (GTC) 502 NP Ave, Fargo, ND 58102. Or call: 701-232-7500

Cost of a Ride (Account based ticketing)

Adult Single Ride: \$1.50, capped at \$3.00/day, \$42.00 per 31-Day Period Discount Ride: \$0.75, capped at \$3.00/day, \$27.00 per 31-Day Period Youth Pass: \$0.75, capped at \$3.00/day, \$27.00 per 90-Day Period Free Ride

Child (Birth to preschool) Free	ND MedicaidNo
Disabled VeteransFree	MN MedicaidNo
All College StudentsFree?	Cost for PCANone**

Vehicle Type: Buses with ramps and wheelchair securements Lifts/Ramps: Yes

Driver Assistance Provided: Required to secure wheelchair or scooter in the bus. Will call out stops and main intersections upon request.

*Must have "Service Connected" or current college ID (NDSU, MSUM, Concordia, M State, NDSCS)

**If determined necessary by a medical professional. Approval for a PCA must be designated on the rider's Rider ID Card.

***Guaranteed Ride Home Program, see page 28

MAT Paratransit

Contact	701-235-4464
	Mon-Fri, 8:00am - 4:30pm
Email	paratransit@matbus.com
Website	www.matbus.com
Service Hours	Mon-Fri, 6:15am - 11:15pm
	Sat, 7:15am - 11:15pm
	Sun, 7:00am - 5:00pm

Purpose: Non-emergency lift-equipped transportation service for people who are functionally unable to independently use the MATBUS fixed route in Fargo, West Fargo, Moorhead, and Dilworth.

Type of Service: Shared ride service, which means the driver may pick up and drop off other passengers on the way to the rider's destination.

Required Notice: Reservations must be made at least one day before the scheduled ride. Reservations are accepted up to eight days prior to the scheduled ride.

Eligibility Requirements: A person might not be eligible for Paratransit if they are functionally able to use the fixed route bus, which includes getting to the bus stop (including with a mobility device), using the ramp equipped bus, and navigating the fixed route system. Eligibility can be permanent, temporary, or conditional and is determined within three weeks of receiving a complete application and verification from an approved professional.

Applications are available online at matbus.com and at:

MATBUS 650 23rd St. N. Fargo, ND 58102

Cost of a Ride:

One Way	\$3.00
ND Medicaid	No
MN Medicaid	No

Cost for PCA	None
Cost for Guest	\$3.00

Vehicle Type: Lift-equipped vans. Lift weight limit is 800 lbs. Lifts/Ramps: Yes

Driver Assistance Provided: Door through first door service and assistance with two packages.

Precision Transportation Inc.

Contact	
Email	info@teamprecisioncares.com
Fax Only	
Service Hours	

Purpose: To provide comprehensive non-emergency medical transportation solutions to individuals with either short or long-term disability. Assisting them to live life to the fullest by expanding the scope of mobility!

Type of Service: Individual Service and Shared Rides

Required Notice: Advance scheduling is preferred to guarantee times and availability of drivers, but not required.

Eligibility Requirements: No paperwork if private pay. If medical assistance or private insurance, prior authorization is needed.

Cost of a Ride:

Payment required at time of service: cash, money order, check, or card

Wheelchair or Ambulatory in	Town
One Way	\$40.00 Monday - Friday
Round Trip	\$70.00 Monday - Friday

**Weekend Rates / Holiday Rates Wheelchair or Ambulatory

One Way	\$50.00
Round Trip	\$80.00
All Discharges	\$60.00

After hours (On-Call Hours)\$200.00 On-call rates apply from 7:00pm to 6:00am

**Passengers with bariatric weight, please call for rates.

(Precision Transportation continued on next page)

Precision Transportation Inc.

Metro Area Stretcher

One Way	\$150.00
Round Trip	\$300.00

Out-of-Town Wheelchair Trip.....\$150.000 plus \$3.00 / mile Out-of-Town Stretcher Trip......\$200.000 plus \$3.00 / mile

**Passengers with bariatric weight, please call for rates.

ND Medicaid	Yes*
MN Medicaid	No
Workers Compensation	Yes
Facility Contracts	Yes
Private Insurance	Yes*
Cost of PCA	None

*Prior Authorization Needed.

Vehicle Type: Vans with ramps and stretcher vans Driver Assistance Provided: Assistance to/from the rider's location within building and assistance with packages. Driver does not assist with stairs.

Short-Term Rentals Cost for Wheelchair One Way......\$15.00 Cost for Front Wheel Walker One Way......\$5.00 Cost to Return Adaptive Devices or Oxygen....Call for Info

Ready Wheels

Contact	701-364-1700
	24 Hours a Day, 7 Days a Week
Website	www.fmambulance.com
Service Hours	Mon-Sat, 6:00am - 6:00pm

Purpose: Non-emergency wheelchair transportation service. **Type of Service:** Individual service directly from origin to destination.

Required Notice: Advance scheduling is preferred to guarantee times and availability of drivers, but is not required. **Eligibility Requirements:** None.

Cost of a Ride

One Way	\$25.00
Round Trip	\$40.00
ND Medicaid	No
MN Medicaid	Yes

Cost for PCA None

Vehicle Type: Vans with lifts. Lift weight limit is 800 lbs. Lifts/Ramps: Yes

Driver Assistance Provided: Assistance to/from the riders location within the building.



Transit Alternatives

Currently not providing service due to the pandemic, please contact for updates.

Contact	.218-998-3002 or 1-866-998-3002
Website	www.productivemn.org

Purpose: Commuter service to Fargo-Moorhead MATBUS Ground Transportation Center and grocery shopping trips from senior housing developments in Moorhead and Dilworth. More services may be added in the future.

Type of Service: Shared ride service, which means the driver may pick up and drop off other passengers on the way to the rider's destination. Grocery shopping trips are scheduled on a weekly basis from senior housing developments in Moorhead and Dilworth.

Required Notice: No notice for Clay County. Two days notice for Otter Tail County.

Eligibility Requirements: None

ND Medicaid	No
MN Medicaid	No

Cost for PCA None

Vehicle Type: Buses with lifts. Weight limit for lift is 600 lbs. Lifts/Ramps: Yes

Driver Assistance Provided: Door to first door service.

Hwy 10 Commuter Route (Prices Each Way) (D) Departing (A) Arrives

Detroit Lakes Kmart6:05am \$5.00	(D) Audubon 6:15am \$4.90
\sim	\sim

- **(D)** Lake Park......6:20am \$4.75 (D) Hawley..... 6:30am \$4.25 (D) Dilworth 6:45am \$2.00
- **(D)** Glyndon......6:40am \$3.00
- (A) MATBUS GTC...... 7:00am
- (D) GTC @ 7:05am .. Veterans Admin
- I94 Commuter Route (Prices Each Way) (D) Departing (A) Arrives D Fergus Falls Shopko....5:37am \$5.00 D Fergus Walmart.. 5:48am \$5.00 D Rothsay Truck Stop.. 6:08am \$3.50 D Barnesville Cenex 6:27am \$3.00 (D) GTC at 7:07am Veterans Admin (D) Return Rides GTC....... 5:07pm

No Lift or Ramp Equipped Metro Senior Ride/Valley Senior Services

Contact	
Office Hours	Mon-Fri, 7:00am - 4:30pm
Service Hours	Mon-Fri, 7:30am - 4:30pm
Website	www.valleyseniorservices.org

Ride Hours: For Fargo, Moorhead, Dilworth, and West Fargo, service begins at 7:30am. Last scheduled pickup is at 4:00pm.

All trips should be completed with passengers delivered to their destination by 4:30pm

Purpose: Door to door transportation for people age 60 and over.

Type of Service: Shared ride service

Required Notice: Service is on a first-call, first served basis. Please call 3-5 days in advance to ensure your ride reservation.

Eligibility Requirements: Must be age 60 or older for discounted fare of \$3.00. Individual must be able to walk and enter vehicle under their own power.

Cost of a Ride:

60 and over	.\$3.00 per one way
To Senior Services dining sites	.\$1.00 per one way

Punch Cards:	
10 Ride punch	\$30.00
20 Ride punch	\$60.00
General Public	\$23.00
ND Medicaid	No
MN Medicaid	No

Cost for PCA None

Vehicle Type: Minivans Lifts/Ramps: No Driver Assistance Provided: Door to door service

Provider Name	Page #	Phone #
1 Priority Transportation	4	701-850-9229
Anywhere Transport	5	701-232-3322
CAPLP	6	218-512-1500
CareAVan	7	701-235-6699
FM Mobility Care	8	701-235-5450
Handi-Wheels	9	701-2323231
Lakes Medi-Van Inc	10	218-847-1729
MATBUS Fixed Route	11	701-293-1222 800-451-5333
MAT Paratransit	12	218-847-1729
Precision Transportation	13-14	701-936-0577
Ready Wheels	15	701-364-1700
Transit Alternatives	16	218-998-3002 866-998-3002
Metro Senior Ride/Valley Senior Services	17	701-356-7433
Taxi Services FM Area	20	Various, See Listing
Uber & Lyft	21	Phone App
Jefferson Lines	22	701-293-1222 858-800-8898
Regional Transit Providers - ND	23-24	Various, See Listing
Regional Transit Providers - MN	25-26	Various, See Listing

Lift/Ramp	ND Medicaid	MN Medicaid
Yes	Yes	Yes
Yes	Yes	No
Yes	No	No
Yes	No	No
Yes	Yes	No
Yes	Yes	No
Yes	No	Yes
Yes	No	No
Yes	No	No
Yes	Yes	No
Yes	No	Yes
Yes	No	No
No	No	No
No	No	No
No	No	No
Yes	No	No

No Lift or Ramp Equipped Taxi Services FM Area

Doyles Yellow Checker Cab, Inc.

Contact:	
Service Hours:	
Fare:\$5.00	+ \$2.00 per mile + ¢.20 Google Minute

Lucky 7 Taxi Service Inc.

Contact:	
Service Hours:	24 Hours a Day, 7 Days a Week
Fare:	\$4.50 + \$1.60 per mile

Reeyu Cab

Contact:	701-200-9693
Service Hours:	.24 Hours a Day, 7 Days a Week
Fare:	Call for quote



Uber & Lyft

Email	support@uber.com
Website	uber.com or lyft.com/cities/fargo-nd
Service Hours	24 Hours a Day, 7 Days a Week
Mobile App Providers	Apple Store and Google Play

Purpose: Uber and Lyft are smartphone apps that allow you to request a ride at the touch of a button.

Type of Service: On-demand transportation.

Required Notice: Uber: 5-10 minutes before ride is needed. Lyft: You can schedule a ride to arrive up to 7 days before your pickup window.

Eligibility Requirements: Users need to set up an account with a credit card on file.

Cost of a Ride:

Uber	Varies
Lyft	Varies
ND Medicaid	No
MN Medicaid	No

Cost for PCA None

Vehicle Type: Uber: 4-door sedans, 2005 and newer. Lyft: Cars have 4 external door handles and at least five total seat belts.

Lifts/Ramps: No Driver Assistance Provided: Varies Intercity Public Transit (with lift when requested)

Jefferson Lines

Contact	701-293-1222 Toll Free: 858-800-8898
Email	info@jeffersonlines.com
Website	www.jeffersonlines.com
Customer Care Ho	ours Mon-Fri, 7:30am - 7:00pm
	Sat and Sun 7:30am - 4:00pm

Purpose: Intercity bus transportation serving 14 states throughout the Midwest with connections to thousands of destinations within the United States, Canada, and Mexico.
Type of Service: Intercity motor coach bus transportation
Required Notice: Ticket purchases can be made online at jeffersonlines.com, by calling 858-800-8898, or at the local Fargo MATBUS Depot
Eligibility Requirements: None.

Cost of a Ride:

Fare	Rates Vary
ND Medicaid MN Medicaid	
Cost for PCA	Varies*

Seniors ages 62 or older can receive a 5% discount. Military/Veterans with a valid ID qualify for a 10% discount. Students with a valid Student ID receive a 15% discount."

* Each passenger will require a purchased ticket before boarding.

Vehicle Type: Buses Lifts/Ramps: Yes Driver Assistance Provided: Boarding/de-boarding buses, luggage loading/unloading, and storage and retrieval of mobility devices upon request.



North Dakota

Benson County Transportation:

Community of Care Cass County:

(Serving rural Cass County N	lorth Dakota)
Casselton Office	701-347-0032
Arthur Office	701-967-8502
Website	. www.communityofcarend.com

Rides to medical appointments are available Monday through Friday, dependent on volunteer availability. Clients must be able to self-transfer in and out of vehicle. Prefer requests for ride one week prior to appointment.

James River Public Transit

(City of Jamestown; Stutsman, Wells, and Sheridan Counties)	
Phone701-252-2882	
Website www.jamesriverseniors.com	
Emailjrsc@csicable.net	
Travels to Fargo every Wednesday. 24-hour notice preferred.	
Special trips may be made if reserved in advance.	

Pembina County Meals and Transportation

Phone	701-454-6586
Email	pcmt@polarcomm.com
Medical rides to Fargo by sp	pecial arrangement.



Regional Transportation Providers - ND North Dakota

South Central Adult Services:

(Barnes, LaMoure, Foster, Loga	n, McIntosh, Griggs, Nelson and
Emmons Counties)	
Nelson County Transit	701-270-1491Toll Free:
800-472-0031	
Main Office Valley City	701-845-4300 800-472-0031
Valley City Taxi	701-840-1406
LaMoure County	701-883-5088
Foster County	701-652-3257
Logan, McIntosh and Emme	ons Counties701-731-0072
Griggs County	701-789-7155
Website	www.southcentralseniors.org
Email	pat@southcentralseniors.org

A vehicle travels from Valley City to Fargo five days per week. If requested, the bus will stop in Tower City, Buffalo, and Casselton. Reservations must be made the day prior to traveling to Fargo.

Valley Senior Services:

Main Office	701-293-1440 or 877-827-1916
Cass County	701-356-7433
Grand Forks	701-636-5953 or 800-845-1715
Ransom County	701-683-3131 or 877-857-3743
Richland County	701-642-3033
Sargent County	701-683-3131 or 877-857-3743
Steele County	701-636-5953 or 800-845-1715
Trail County	701-636-5953 or 800-845-1715
Website	www.valleyseniorservices.org
Email	info@valleyseniors.org

Walsh County Public Transit:

Phone	701-284-7980
Email	pl1@polarcomm.com

Travels to Fargo the second Monday of each month.

Minnesota

NorthLink Mobility:

Phone	
Website	www.northlinkmobility.com
Email	george@northlinkmobility.com
Non-ambulance stretcher transport.	

Paul Bunyan Transit:

(Beltrami, Lake of the Woods and Roseau Counties)	
Bemidji	
Roseau & Warroad	
Baudette	
Website	www.paulbunyantransit.com
Email	info@paulbunyantransit.com

Rainbow Rider Transit:

(Douglas, Grant, Pope Stevens, Todd, and Traverse Counties)	
Phone	320-283-5061 Toll Free: 800-450-7770
Website	www.rainbowriderbus.com
Rides upon request only.	

Transit Alternatives:

Currently not providing service due to the pandemic. They hope to resume service in the future, please contact them for updates.



Tri-Valley Opportunity Council, T.H.E Bus:

(Mahnomen, Red Lake, Norman, Polk, Marshall, Pennington, Kittson, and Clearwater Counties)

Phone	218-281-0700 Toll Free: 800-201-3432
Website	www.tvoc.org
Email	transit@tvoc.org

Tri-Valley Opportunity Council, Rural Transportation Collaborative (RTC):

(Mahnomen, Red Lake, Norman, Polk, Marshall, Pennington, Kittson, and Roseau Counties)

Phone	218-281-9082 Toll Free: 866-884-2695
Website	www.tvoc.org
Email	rtc@tvoc.org



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